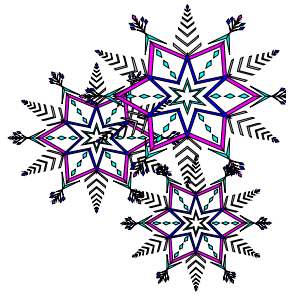




# SNOWFLAKE 5K RUN/WALK & 10K RUN



SATURDAY, JANUARY 19, 2008 • 10:00 a.m.

Part of Bauman's 2007 - 2008 Winter Series

**STARTING TIME:** 10K Run and 5K Run & Walk begin at 10:00 a.m.  
Late registration opens at 9:00 a.m.

**LOCATION:** Flushing Central Elementary School, Flushing, Michigan; Exit I-75 at Pierson Road, (Exit 122), west on Pierson to Elms Road, north on Elms to Coutant Street (first stop, then left); west on Coutant to school (school is on the right side of Coutant).  
Restrooms only — no showers at school.

**COURSE:** Two 5,000 meter loops; miles will be marked. There will be vehicular traffic on course

**REGISTRATION:** Early registration ends January 12, 2008. After that date, entrants must pay Late Registration fee; Race day registration begins at 9:00 a.m. at Flushing Central Elementary School Packet Pick-Up and Late Registration also available Friday, January 18, 2008 at Bauman's Running & Walking Center, 1473 W. Hill Road, Flint MI during store hours

**ENTRY FEE:** \$ 18.00 early registration, *with* power dry stocking cap .  
\$ 8.00 early registration, *without* stocking cap  
\$ 20.00 Late Registration, *with power dry stocking cap*  
\$ 10.00 Late Registration, *without stocking cap*  
**Riverbend Strider members deduct \$1.00 from pre-registration fee only.**  
High quality power dry stocking cap to all pre-registered entrants who register at the "with cap" fee. We cannot guarantee stocking caps on race day to late registrants, however, they may be picked up within two weeks at Bauman's Running Center or mailed with pre-paid fee.

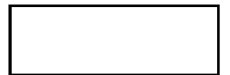
**AWARDS:** Awards to Overall and Masters Male and Female and top three in each division for each race.  
RUN DIVISIONS: MALE AND FEMALE: 12 & under, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over.  
*plus* Heavyweight Division in three weight classes for 5K Race Only: 185-199 pounds, 200-219 pounds and 220 pounds & over. (You must indicate your weight on entry form below).  
WALK DIVISIONS: MALE AND FEMALE: 19 & under, 20-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over.

**SEND ENTRIES TO:** Snowflake Run, P.O. Box 233, Flushing, Michigan 48433  
Or drop off at Bauman's Running & Walking Shop, 1473 W. Hill Road, Flint.  
**or Register on-line at [www.riverbendstriders.com](http://www.riverbendstriders.com) or [www.gaultracemanagement.com](http://www.gaultracemanagement.com)**

**INFORMATION:** Bauman's Running & Walking Shop, (810) 238-5981; John Gault, (810) 487-0954

**MAKE CHECKS PAYABLE TO:** Riverbend Striders

## SNOWFLAKE 5K RUN/WALK & 10K RUN Saturday, January 19, 2008 (may be photocopied)



PLEASE PRINT  
LAST NAME

FIRST NAME

M.I.

STREET ADDRESS

CITY/TOWN

STATE ZIP CODE/POSTAL CODE

PHONE NUMBER

DATE OF BIRTH

AGE ON RACE DAY

E-Mail Address (PLEASE PRINT CLEARLY): \_\_\_\_\_

Stocking Cap: Yes \_\_\_\_\_ No \_\_\_\_\_

SEX:  M  F

EVENT: .. 10K RUN .. 5K Heavyweight RUN—wt \_\_\_\_\_  
.. 5K RUN .. 5K WALK

**CHIP INFORMATION (check one of the following) NOTE: ALL PARTICIPANTS MUST WEAR A CHIP TO BE SCORED**

\_\_\_\_\_ I will be using a chip provided by the race and understand that I will be assessed a \$30 fee if I do not turn in my chip at the finish.

\_\_\_\_\_ I own my ChampionChip, my chip number is:

TOTAL AMOUNT ENCLOSED: \$ \_\_\_\_\_ MAKE CHECKS PAYABLE TO: RIVERBEND STRIDERS

MAIL TO: RIVERBEND STRIDERS, P.O. BOX 233, FLUSHING MI 48433

Riverbend Strider Membership Number (if applicable) \_\_\_\_\_

In consideration of my participation in this event, I for myself, my heirs, executors, and administrators, waive all rights and claims for damages I may have against Riverbend Striders, the sponsors of this event, their agents, representatives, successors, and assigns for any and all injuries suffered by me at said event, or which may arise out of my traveling to, participating in, and returning from this event. I further state that I am in proper physical condition to compete in this event

ALL PARTICIPANTS **MUST SIGN WAIVER** \_\_\_\_\_

DATE: \_\_\_\_\_